

INSULATED LUNCH SACK

Supplies:

- 1/2 yd. cotton fabric (outer material)
- 1/2 yd. vinyl fabric (lining)
- 1/4 yd. cotton fabric (for name & binding; should contrast with outer material)
- 1/2 yd. Warm & Natural cotton batting
- 1/2 yd. Insul~Bright insulated batting
- 1 pkg. Steam-A-Seam 2 fusible tape 1/2" wide
- 1 pkg. Steam-A-Seam 2 fusible web 9" x 12" sheets
- 2 Warm Window magnetic strips

Tools:

- Thread
- Basic quilting supplies
- Sewing Machine
- Basting Spray
- Pinking shears or pinking rotary blade



Directions: Use 1/4" seams throughout.

1. Layer fabrics, spray basting between layers, in this order: Outer fabric face down, Warm & Natural cotton batting, Insul~Bright insulated batting.
2. Using rotary cutter and 24" acrylic ruler, cut the following panels from the layered fabrics: (1 bottom panel) 8.5" x 5.5", (2 front panels) 10.25" x 8.5", (2 side panels) 10.25" x 5.5"
3. Zig-zag stitch the entire edge of each panel. Stitch should not extend beyond 1/4" seam allowance. On side panels, stitch a straight line down the center and from the center point 3" from the bottom to each bottom corner.
4. On the cotton side of one front panel; fuse on chosen name and/or motifs using the 9" x 12" sheets of Steam-A-Seam 2. Fuse motifs to other panels if desired.
5. Stitch together panels, outer fabrics facing, in this order: 1 front panel to bottom panel along the common 8.5" sides. 1 front panel to side panel along the 10.25" sides. Stitch the side panels to the front/bottom panel along the common 10.25" sides, see Fig. 1.
6. Stitch bottom panel to sides and second front panel. Stop 1/4" from the edges to make the stitch pivot to the next side. Using the same measurements as the sack, make a lining sack. From contrasting cotton material, cut a strip 30" x 1.25" wide. Use pinking shears or rotary blade to make a wavy edge on one side of strip.
7. Peel off adhesive and stick one magnetic strip to the front and back panels, along the top edge inside the sack. Make sure to align the magnets with the polarity
8. Place lining inside the sack, wrong sides facing. Align top of the sack, the lining sack, and straight side of the binding fabric together. Pin along raw edge. Binding will be inside the sack, right side facing right side of lining. For a finished end on the binding, fold back beginning of the strip and fuse into place using 1/2" Steam-A-Seam 2. Stitch linings and binding together around top edge of sack, overlapping end of binding to the beginning.
9. Iron binding toward the top of the sack. Along pinked edge, press 1/2" Steam-A-Seam 2 into place on back of the fabric. Remove paper backing and fold the binding over to the outside of the sack. Use a steam iron and permanently fuse the binding edge to the sack.

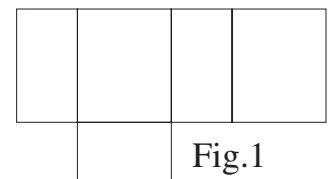


Fig.1

or rotary

Sewing Time: 3 hrs.

Skill Level: Some sewing experience helpful.