

Materials

- 1 Fat Quarter of each - Pink Heart print, Green marble print & backing fabric (quilting cotton, either pink and green to match or white muslin)
- 6" scrap of purple solid
- 1 package 9" x 12" sheets Steam-A-Seam 2; may use Lite Steam-A-Seam 2 to reduce bulk
- 1 package 36" x 22" Fusible Warm Fleece
- Template Plastic - at least 7" square
- Sharp scissors
- Household steam iron
- Sewing machine

Dimensional Appliqué



1. Prewash and dry, without fabric softener, all fabrics before using Steam-A-Seam 2 or Lite Steam-A-Seam 2.
2. Trace flower and leaf design onto Template Plastic using fine point marker or Sharpie. Cut out on traced line.
3. On dull side of Fusible Warm Fleece, trace six of the flowers and twelve leaves. Cut out directly on the traced line.
4. On the back of the Pink Heart FQ, iron press the fleece flowers into place, shiny side down. Do the same with the leaves on the Green FQ.
5. Layer pink fabric with backing fabric, right sides together. Following the fused flower shapes, stitch around edge of entire appliqué. Cut out shape from pink fabric leaving a generous 1/8" seam allowance. Clip along seam allowance every 1/4", taking care to clip almost to, but not through, the stitching. Make sure to clip at all points. Repeat for leaves on Green fabric.
6. Once all shapes are prepared, pull backing fabric away from front fabric. Cut through the center of the backing fabric in a straight line. Use this opening to turn the shape right-sides out. Use a pencil eraser or blunt tipped scissors to push out edges and points. Ideally, the fabrics should wrap around underneath the Fleece.
7. Trace the flower and leaf shapes onto one paper side of the fusible web. Cut out just inside the traced line. Peel off one paper, stick the fusible side to the back of the appliqué shape. If it's not 'Sticking', press in place with the iron for about 1-2 seconds. Peel off the second paper backing and place onto the blue background blocks. Fuse permanently into place with the iron. Fuse about 8 seconds on the front of the quilt, then fuse from the back for about 15 seconds.
8. Once fused, the bond is permanent. You may leave as is or stitch around and through the shapes with invisible thread or a decorative stitch or as part of your quilting.
TIP: If you have any gumming issues when stitching through Steam-A-Seam 2 or Lite Steam-A-Seam 2, it is not completely fused into the fabrics. Go back and fuse for as long as it takes to get a complete bond. Try 10-15 second intervals with lots of steam. There's no way to overheat Steam-A-Seam 2 or Lite Steam-A-Seam 2, just be cautious about your fabrics.

Warm & Natural Design Wall



For a permanent design wall, simply tack up a new, unwashed Warm & Natural batting on an empty wall in your home. It can be used for years to arrange your quilt blocks before piecing.

To use individually for each quilt, simply tack up the batting as you buy it, then take it down when the top is done and baste into the quilt.

For a portable option, get two smaller pieces of lightweight particle board or MDF, about 24" x 36" each. Wrap around one side of each board and staple to the back. Join the boards together on the long end with hinges. This can be stood up in a room, used to design, then folded up and put away.